

AFGHAN BASIC
COMPETENCY
(ABC)
MATERIALS

Dari Language
Grade 2

*English translation of
reading texts and
exercises*

Dari Grade 2 Language

Lesson 1

Religion

The Almighty God

God has created whatever we see in this World, such as mountains, rivers, mankind, animals, oceans, sky, and so on. He provides food and drink for all and he is very kind. He has ordered us to do good deeds and we should obey him.

Exercises

- Which sentence shows the main idea of the text?
 - God has created all things.
 - God has forbidden us to do wrong things?
 - Mohammad is the last prophet.
- Choose the correct word and write it in the space.
 - God has created all _____ (things -2 choices of spelling)
 - God gives _____ to everybody (food - 2 choices of spelling)
 - God has _____ us to do good (ordered -2 choices of spelling)
- Choose the appropriate words from the box and write them in the spaces.

good God should kind actions

_____ has ordered us to do _____ actions. We _____ always do good _____.
God is very _____.

Lesson 2

Education

Knowledge

Knowledge means understanding and whoever seeks knowledge and studies hard is called educated and a scholar. An educated person knows how to manage his affairs best. God has ordered both male and female to gain knowledge. So we children should start studying from now on so that we become better educated and give service to our country.

Exercises

- Choose and write the meanings from the given words
 - hardworking: (3 alternative meanings)
 - learned: (3 alternative meanings)
 - service: (3 alternative meanings)
 - much: (3 alternative meanings)
- What is the text about?
 - Ignorance
 - darkness
 - education

3. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
- Knowledge does not serve any purpose.
 - A person who studies hard will be well educated.
 - Women and men are both required to gain knowledge.
4. Choose the correct word and write it in the space.
- A person who _____ hard will become well educated. (studies - 2 alternative spellings)
 - A person who reads books and works _____. (hard - 2 alternative spellings)
 - An _____ person does his work well. (educated - 2 alternative spellings)
 - Both men and _____ are required to gain knowledge. (women - 2 alternative spellings)
 - We students should also study from _____ moment on. (this - 2 alternative spellings)
5. *Missing word exercise using verb forms that have no effective English translation*
6. Choose the appropriate words from the box and write them in the spaces.

blind letters books ignorant knowledge
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If we do not have _____ we are regarded as _____. We can't read letters and _____.
 A person who can't read _____ and books is like a _____ person.

Lesson 3

Life Skills

Peace

Peace means friendship and reconciliation. We are in great need of peace. If there is peace in our country we will be able to study, work, and reconstruct our country. We should settle our differences and divisions through dialogues and negotiations and always condemn and hate wars. God the Almighty has ordered us to move toward peace and reconciliation, and we should obey him.

Exercises

- Which sentence shows the main idea of the text?
 - We can't work in peace.
 - Peace and reconciliation are good things and peace is the order of God.
 - We don't need peace.
- Choose the meanings from the given words and write them in the spaces.
 - peace:
 - order
 - country

Alternative meanings

3. Choose the correct word and write it in the space.
- a) Peace is reconciliation and _____. (friendship – 2 alternative spellings)
 - b) We need peace and _____. (reconciliation – 2 alternative spellings)
 - c) God has ordered us to work for _____ and reconciliation. (peace – 2 alternative spellings)

4. Choose the appropriate words from the box and write them in the spaces.

War negotiation issues

We should settle our _____ through _____ and friendship. _____ is bad.

Lesson 4

Health

Exercise

Siddiq younger brother of Parviz, is agile and quick. He gets up early in the morning everyday and does some exercises. He knows that exercise is good for health, but Parviz is very lazy and always gets up late in the mornings and never does exercises. One day Siddiq said to Parviz “I am stronger than you”. Parviz said, “I am also strong”. Siddiq then said, “Let’s have a race”.

They started to run fast. Siddiq was faster and Parviz could not keep up with him and got very tired.

Their Mother, watching the competition told Parviz “My dear, if you get up early in the mornings like Siddiq and take exercise you will be able to run as fast as he can”.

Exercises

1. Which sentence shows the main idea of the text?
 - a) Exercise strengthens our body.
 - b) We should do exercises after dinner.
 - c) Doing exercises early in the morning is not good for you..
2. Choose the correct word and write it in the space.
 - a) _____ gets up early in the morning. (Siddiq - 3 alternative spellings)
 - b) Parviz is a _____ boy. (lazy - 3 alternative spellings)
 - c) Seddiq said to Parviz: Let’s _____. (race - 3 alternative spellings)

3. Choose the appropriate words from the box and write them in the spaces.

agile brother gets up

Seddiq, the little _____ of Parviz is very _____ and quick. He _____ early in the morning to take exercise.

Lesson 5

Culture

Eating Manners

Eating like speaking and other actions has some manners and behaviour that should be noted, otherwise people will look down on us. The following points should always be considered while eating:

- Wash your hands.
- Wait until the elders start eating first.
- Start by the name of God.
- Don't take bites larger than your mouth can hold.
- Food should be chewed well for better digestion.
- Don't speak with food in your mouth.

Exercises

1. Which sentence shows the main idea of the text?
 - a) Everyone should have good eating manners.
 - b) It is good to remember eating manners.
 - c) We should wash our hands before eating.
2. Choose the correct word and write it in the space.
 - a) Eating _____ speaking has some good manners. (like - 2 alternative spellings)
 - b) Someone who does not have good eating _____ is looked down on. (manners - 2 alternative spellings)
 - c) While eating we should take these things into _____. (consideration - 2 alternative spellings)
3. Choose the appropriate words from the box and write them in the spaces.

hands eating clean wait

When _____ we should first wash our _____ _____ and _____ for the elders to start.

Lesson 6

Culture

Mother – a poem

Oh, my kind mother!
You are my soul,
You are dear to me,
Peace be upon you.
The Holy Quran has ordered us to obey you and do good to you.
I kiss your hands,
I sacrifice myself for you.

Exercises

1. Choose and write the meanings for the given words
 - a) kindness: (3 alternative meanings)
 - b) sacrifice: (3 alternative meanings)
2. What is the text about?
 - a) Kindness of the teacher
 - b) Kindness of the father
 - c) Kindness of the mother
3. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - a) Mother is as dear as my life
 - b) We don't kiss mother's hands.
 - c) The Quran has ordered us to be good and kind.
4. Choose the correct word and write it in the space.

Three forms of ' _____ kiss mother's hands' with a choice of pronouns according to the person of the verb in Dari.
5. Choose the appropriate words from the box and write them in the spaces.

mothers feed respect kind

Mother is very _____ and dear. If there were no _____ there would be no-one at all.
We _____ on mother's milk and grow strong. We should _____ our mothers.

Lesson 7

Culture

Greetings

Khalida is an intelligent and polite girl. She always respects her elders inside the home and out. She always greets her elders. One day she noticed that Farid, her youngest brother, entered the house but did not greet his parents. She had seen that he did not greet other elders out of the house either. Khalida got very upset and advised him: "Dear brother, I see that you neither greet nor respect our parents. This is not good behaviour." Farid realising his mistake thanked her and from then on, always respected and greeted his parents and other elders.

Exercises

1. Which sentence shows the main idea of the text?
 - a) We should only respect our parents.
 - b) We should respect parents and other elders.
 - c) Farid accepted her words.

2. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
- Khalida respects her elders in and out of the home.
 - Farid respected everybody.
 - Khalida advised her brother to greet his parents and other elders.
 - Farid did not greet his elders.

3. Choose the appropriate words from the box and write them in the spaces.

younger	greet	advised
Alternative spellings of above		

Khalida always _____ her elders. One day she noticed her _____ brother, Farid come into the house but he didn't greet his parents. Khalida _____ her brother Farid

Lesson 8

Science

Fish

Fish are animals that live in water, and sleep between sands and stones of the rivers. They sleep with their eyes open. They breathe by taking oxygen from the water. Some fish rear their offspring in their mouth. The flesh of fish is very tasty and I like eating fish very much.

Exercises

- Which sentence shows the main idea of the text?
 - Information about the life of fish
 - Fish sleep with their eyes open
 - Fish live on land.
- Choose the correct word and write it in the space.
 - Fish are animals that live in (water - 3 alternative spellings)
 - Fish live in the _____ between sands and stones. (rivers - 3 alternative spellings)
 - The flesh of fish is very _____. (tasty - 3 alternative spellings)
- Format as in exercise 2 but using verb forms that have no viable English translation.*
- Choose the correct antonym from the box and write beside the word.
 - life
 - open
 - early
 - white

Selection of opposites

Lesson 9

Education

The Book

I am your best friend. If you love me I will teach you things such as writing and reading. I teach you things that are useful for your day-to-day life. I will never get angry if you read me a lot, and whoever makes me his friend will become skilful and well educated, and people will love him.

Exercises

1. Choose the meanings from the given words and write them in the spaces.
 - a) tired (3 alternative meanings)
 - b) friendship (3 alternative meanings)
 - c) skill (3 alternative meanings)
2. What is the text about?
 - a) Importance of book
 - b) Importance of teacher
 - c) Importance of school
3. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - a) Book says: I am your good friend..
 - b) If you make me your friend I will not teach you everything.
 - c) I can't teach you reading and writing.
 - d) I will not become angry or tired however much you read me.
 - e) Anyone who does not make friends with me will become intelligent.
4. Choose the correct word and write it in the space.
 - a) Book says: Whoever makes _____ with me will become intelligent.
(friends -2 alternative spellings)
 - b) I will teach you many things useful for your _____. (life -2 alternative spellings)
 - c) When you become educated and _____ people will love you.
(intelligent -2 alternative spellings)
5. Choose the correct word and write it in the space.
 - a) Book says: I am your _____ friend. (good -2 alternative spellings)
 - b) I won't get angry or _____ however much you read me. (tired -2 alternative spellings)
6. Choose the appropriate words from the box and write them in the spaces.

clean book cover write

I keep my _____ . I don't _____ on its pages. I _____ my book so that it doesn't get torn.

Lesson 10

Geography

Where Does Tea Come From?

We all know tea and use it everyday. There are two kinds, black and green. China was the first Country that cultivated tea but now it is grown in many countries, such as India, Bangaladesh, Kenya and so on. Tea bushes resemble those of flowers. As the tea bushes mature, their leaves and fine branches are cut off and dried making tea. Both black and green teas are made from one bush. Tea is very good for tiredness provided that it is not drunk too much.

Exercises

1. Which sentence shows the main idea of the text?
 - a) Tea is cultivated in our country.
 - b) Tea grows as bushes and was first found in China.
 - c) Tea is harmful to health.
2. Choose the correct word and write it in the space.
 - a) Tea comes in two kinds, black and _____. (green - 3 alternative spellings)
 - b) _____ tea is grown in other countries besides China. (Now - 3 alternative spellings)
 - c) When the bushes grow people pick the leaves and _____ branches. (thin - 3 alternative spellings)
3. *An exercise using forms of the verb to know that have no viable English translation.*
4. Choose the appropriate words from the box and write them in the spaces.

China Tea tiredness much

_____ was found for the first time in China. Tea was taken from _____ to other countries. Tea is good for _____ providing that we do not take too _____.

Lesson 11

Culture

Mother's Day

In our country there is a day called "Mother's Day" celebrated every year. In this particular day all boys and girls buy gifts and flowers for their mothers. Then accompanied by their Mothers they go to see their friends and celebrate this happy day. We should never forget this day and always respect parents and other elders, because our prophet Mohammad has said: 'Paradise is under the mother's feet.'

Exercises

1. Which sentence shows the main idea of the text?
 - a) We have a duty to our mothers. On Mother's day we give her gifts.
 - b) Mother's Day is during the winter.
 - c) We should only give gifts to our mothers on this day.
2. Choose the correct word and write it in the space.
 - a) We should _____ forget Mother's Day. (never - 3 alternative spellings)
 - b) On Mother's Day everyone gives _____ to their mothers. (gifts - 3 alternative spellings)
 - c) _____ is under mother's feet. (Paradise - 3 alternative spellings)
3. Choose the appropriate words from the box and write them in the spaces.

Mother's Day gifts mothers year

Every _____ in our country there is a day called _____. On this day all boys and girls give _____ to their _____ .

4. Change the following singular words to plural:
 - a) day days
 - b) girl
 - c) flower
 - d) gift

Lesson 12

Science

What Am I

I am a self-seeded plant. I grow in the spring season and my colour is red. Although I am always smiling, yet I have a deeper sorrow and loss in my heart that has no nice smell. In spite of this people love me. I take my water from the rain. I grow in abundance but have a short life. Now guess what I am?

Exercises

1. Which sentence shows the main idea of the text?
 - a) Tulip grows on a big bush
 - b) Tulip is a flower that grows by itself in the wilderness.
 - c) Tulip has a very pleasant smell.
2. Choose the correct word and write it in the space.
 - a) In _____ I grow in the wilderness. (spring - alternative spellings)
 - b) My colour is _____. (red. - 3 alternative spellings)
 - c) Although I grow in abundance I have a short _____. (life - 3 alternative spellings)
3. *An exercise using personal verb forms that have no effective English translation.*

4. Choose the appropriate words from the box and write them in the spaces.

wilderness sorrow smiling red self set
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I am a _____ plant. In spring I grow in the _____. My colour is _____. Although I am always smiling, yet I have a _____ in my heart.

Lesson 13

Geography

Living in Afghanistan

Our people live in different parts of the country, some in villages, and some in cities. Our country has large cities with lots of markets. Every thing can be found in these markets. There are roads, houses, mosques, schools, kindergartens, and hospitals in these cities. The village people are involved in different occupations, such as farming, gardening, and rearing animals. The air of the villages is clean and fresh.

Exercises

- Which sentence shows the main idea of the text?
 - People live only in the cities.
 - Some people live in cities and some in villages.
 - People live only in villages.
 - Choose the correct word and write it in the space.
 - Some people live in _____. (cities - 3 alternative spellings)
 - Everything is found in city shops and _____. (stores - 3 alternative spellings)
 - The village air is clean and _____. (fresh - 3 alternative spellings)
 - An exercise using verb forms that have no effective English translation*
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Lesson 14

Science

Forests

Once upon a time, a pigeon was sitting on a tree in a forest, brooding. A duckling passed under the tree and saw the pigeon brooding and asked it: Dear pigeon! what are you brooding for?

The pigeon replied: I see people cutting down trees every day. The forest is about to turn into a desert, and where will we go then?

The duckling became distressed and said: You are right. Cutting these beautiful trees is not a good thing to do, and it is harmful for both people and animals, because forests keep the air clean and fresh.

Exercises

- Which sentence shows the main idea of the text?
 - Forests do not give beauty to the land.
 - Forests do not provide a habitat for birds.
 - Forests keep the air clean and fresh and are a habitat for birds.

2. Choose the correct word and write it in the space.
 - a) The duck saw the pigeon _____. (brooding - 2 alternative spellings)
 - b) People _____ down the trees. (cut - 2 alternative spellings)
 - c) Forests keep the air _____ and fresh. (clean - 2 alternative spellings)
3. Choose the appropriate words from the box and write them in the spaces.

air trees

It is a bad thing to destroy these beautiful _____. Forests keep the _____ fresh and clean.

Lesson 15

Education

Home School

One day Latifa and her brother, Haroon, were sitting in their house and looking at the boys and girls playing on the streets. She said to her brother: Dear brother, How nice it would be if there was a school in our village, so the children could go to school and study instead of wandering on the streets. Haroon replied: It is very simple. We ask our cousin, Habiba, who was a schoolteacher, to come over to us everyday and teach the children of the village. Latifa was very happy with this idea. They told Habiba of the plan and she accepted the request happily. From then on, the village children both played and studied.

Exercises

1. Choose the meanings from the given words and write them in the spaces.
 - a) in stead of
 - b) formerly
 - c) accepted

Alternative meanings

2. Which sentence shows the main idea of the text?
 - a) People should start home schools where there is no school.
 - b) People should not study if there is no school.
 - c) Children should play in the streets when there is no school.
3. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - a) It would be very good if there was a school in our village.
 - b) Children should play instead of going to school.
4. Choose the correct word and write it in the space.
 - a) Latifa and her brother _____ were sitting together. (Haroon - 2 alternative spellings)
 - b) If only there was a _____ in our village. (school - 2 alternative spellings)
 - c) From then on the village _____ also studied. (children - 2 alternative spellings)

5. Choose the appropriate words from the box and write them in the spaces.

study try learn

School is a place where we _____ knowledge. We should always _____ to go to school to _____.

Lesson 16

Science

The Ants

Ants belong to the insect group, and have six legs and two antennae. They have different colours, such as red, black, yellow, and brown. They always live together in groups. If one of them comes across some food, especially sweet things, somewhere, it lets the others know and then they make a long line and go to carry the food into their home and keep it for winter. The biggest ant is called the queen. The queen lays eggs. Although the ants are small, they can carry things heavier than their own body's weight.

Exercises

1. Which sentence shows the main idea of the text?

- a) Ants are useful.
- b) All ants are black in colour.
- c) Ants have six legs and two antennae and live together.

2. Choose the correct word and write it in the space.

_____ have six legs and two antennae. (ant / ants)

Ants _____ together. (live / lives)

Working ants _____ food. (bring / brings)

3. Choose the correct word and write it in the space.

- a) Ants _____ together. (live – 3 alternative spellings)
- b) Some ants are _____ in colour. (black - 3 alternative spellings)
- c) Queen ants lay _____. (eggs - 3 alternative spellings)

4. Choose the appropriate words from the box and write them in the spaces.

food informs finds together

Ants live _____. If an ant _____ somewhere it _____ the other ants.

Lesson 17

Science

The Four Seasons Of The Year

The teacher asked the students: How many seasons are there in a year? No one answered. The teacher told them that there are four seasons in a year. They are Spring, Summer, Fall, and Winter.

Spring is the first season of the year during which bushes and flowers become green.

Summer is the second season in which the weather becomes warm, and fruit and crops

ripen. Fall is the third season in which the weather becomes a little bit colder and trees begin to lose their leaves. Winter is the fourth season in which the weather becomes very cold, in some places it snows, and in some others it rains. Each season has three months.

Exercises

1. What is the text about?
 - a) The weather in four seasons
 - b) The weather in two seasons
 - c) The weather in three seasons
2. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - a) Spring is the first season of the year.
 - b) Summer is the third season of the year.
 - c) Winter is the second season of the year
 - d) Fall is not the fourth season of the year.
3. Choose the correct word and write it in the space.
 - a) There are four _____ in the year. (seasons – 3 alternative spellings)
 - b) Flowers and bushes become _____. (green - 3 alternative spellings)
 - c) The _____ becomes hot in summer. (weather - 3 alternative spellings)
 - d) In autumn the leaves fall from the _____. (tree - 3 alternative spellings)
4. Choose the appropriate words from the box and write them in the spaces.

Is snows become

- a) In spring flowers and bushes _____ green.
- b) Fall _____ the third season of the year.
- c) It _____ in winter.

5. Choose the appropriate words from the box and write them in the spaces.

school green spring

In _____ it rains, flowers and bushes become _____. Students go to _____ and study.

Lesson 18

Health

Swimming and Health

Swimming is one of the useful exercises. In the summer season as the weather gets hot, people go swimming in rivers, pools, and large streams, and it should always be remembered that we should not swim in dirty water which can get into our mouth and we

will be sick. Likewise, we shouldn't swim in large pools, streams, and rivers if we have not learned to swim. Swimming is both enjoyable and good for health.

Exercises

1. Which sentence shows the main idea of the text?
 - a) Swimming is a useful exercise. We should not swim in dirty water.
 - b) Swimming in dirty water is not harmful
 - c) It is good to swim where there is a lot of water.
2. Choose the correct word and write it in the space.
 - a) Swimming _____ is a useful exercise. (is / are)
 - b) Swimming _____ benefits for health. (hold / holds)
 - c) In summer the weather _____ hot. (become / becomes)

3. Choose the appropriate words from the box and write them in the spaces.

Until rivers swim exercise

We shouldn't _____ swim in big _____ we have learned the to swim properly.
Swimming is an interesting _____.

Lesson 19

Health

Keeping Teeth Clean

If we don't clean our teeth at least three times a day we can get toothache. The teeth are cleaned by brush or by 'miswalk'. If we do not brush them properly the food particles remain between the teeth and gradually rot causing decay. Tiny living things that doctors call microbes cause the decay. These microbes in the passage of time cause dental decay. Therefore, we should always brush our teeth after meals and before going to bed. Also, eating very hot or very cold food is harmful to teeth.

Exercises

1. Which sentence shows the main idea of the text?
 - a) Tooth disease is caused by very small germs.
 - b) Keeping teeth clean is good for health.
 - c) We should brush our teeth once a day.
 - d) We should brush our teeth once every day.
2. Choose the appropriate words from the box and write them in the spaces.

three day toothache are teeth

If we do not clean our teeth with brush or miswalk at least _____ times in a _____ we will develop _____. The _____ cleaned with brush or miswalk.

The Zoo

The zoo is a place where a variety of animals are kept. There are both wild animals such as lion, leopard, wolf, fox, deer, elephant etc. and domestic animals like camel, cow, sheep, goat, donkey and so on. There are also birds like, parrot, peacock, nightingale, and many others. We know some of the zoo birds but don't know the rest. For each of the animals in the zoo a special place is made so that it can live comfortably there. Visiting the zoo is very interesting especially for children.

Exercises

1. Which sentence shows the main idea of the text?
 - a) Domestic animals are kept in a zoo
 - b) Only birds are kept in a zoo.
 - c) Wild animals, birds and others are kept in a zoo.

2. Choose the correct word and write it in the space.
 - a) Wild animals _____ from domestic animals. (differ - 2 alternative spellings)
 - b) Who _____ seen the zoo? (have / has)
 - c) Which animals _____ kept in the zoo? (are/is)

3. Choose the correct word or punctuation mark and write it in the space.
 - a. Different animals are kept in the _____. (zoo - 3 alternative spellings)
 - b) _____ animals are domestic. (Some - 3 alternative spellings)
 - c) _____ are also found in the zoo (Parrots - 3 alternative spellings)

4. Choose the appropriate words from the box and write them in the spaces.

good live special type

A _____ place has been made in the zoo for each _____ of animal so that they can _____ a _____ life there.

The Lion

The lion is a fierce and dangerous animal that lives in forests. All the other animals are afraid of it since it's the strongest animal. Lion is a predator that hunts other animals easily and likes hunting deer very much.

Exercises

1. Which sentence shows the main idea of the text?
 - a) The lion is a fierce and dangerous animal.
 - b) The lion is a big animal.
 - c) The lion likes hunting deer.

2. Choose the correct word and write it in the space.
- The lion lives _____ the forest.. (in / with)
 - Why are forest _____ afraid of the lion? (animals / animal)
 - Which animal does the lion _____ to hunt? (like / likes)
 - Who _____ seen a lion ? (have / has)
3. Choose the correct word and write it in the space.
- The lion is a fierce _____. (animal – 3 alternative spellings)
 - All forest animals are _____ of the lion. (afraid – 3 alternative spellings)
 - The lion likes hunting _____. (deer – 3 alternative spellings)
4. Choose the appropriate words from the box and write them in the spaces.

predator	deer	easily	other
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The lion is a _____. It _____ hunts _____ animals. The lion _____ to hunt _____.

5. Choose the correct antonym from the box and write beside the word.
- dangerous
 - strong
 - wild
 - easy

Selection of opposites

Lesson 22

Paper

History

In ancient times there was no paper. People wrote on dried mud, smooth-surfaced stones, and tree skins. Later animals skin was also used for writing on for instance the skin of deer. Paper production took place in China for the first time, and then writing became very easy. Before the introduction of paper people wrote their religious books on dried mud, trees and animals skins, but now our books and note-books are made from paper.

Exercises

- Which sentence shows the main idea of the text?
 - Long ago people wrote on paper.
 - Long ago people used tree bark and animal skins instead of paper.
 - Nowadays animal skins are good for writing on.
- Choose the correct word and write it in the space.

Long ago there was no _____. (paper – 2 alternative spellings)

People used to write on mud bricks and _____ stones. (flat – 2 alternative spellings)

Paper was made for the first time in _____. (China – alternative spellings)

3 Choose the appropriate words from the box and write them in the spaces.

made paper people bricks religious

When _____ had not been _____, _____ wrote their _____ books on _____ of mud, tree bark and animal skins.

Lesson 23

Geography

The Rivers of Afghanistan

Our beloved country, Afghanistan, has many rivers and the famous ones are: Amu River, Hilmand River, Kabul River, Kunar River, Harirood River and Kookcha River.

Rivers are very useful for our country. They are used for irrigation, setting up of water-powered mills, and hydroelectric power stations. There are many fish in these rivers.

Fishermen catch fish from these rivers and sell them.

Exercises

- Which sentence shows the main idea of the text?
 - The rivers of Afghanistan don't have fish
 - Afghanistan has many rivers that are useful for our people
 - River water is good for drinking.
- Choose the correct word and write it in the space.
 - Our _____ country has many rivers. (beloved – 2 alternative spellings)
 - They are the _____ rivers of our country. (famous – 2 alternative spellings)
 - Rivers are very _____ for our country. (beneficial – 2 alternative spellings)
- Choose the correct word and write it in the space.
 - River water _____ used for irrigation. (are / is)
 - There _____ many fishes in the rivers of our country. (are / is)
 - Rivers _____ useful for our country. (are / is)
- Choose the appropriate words from the box and write them in the spaces.

fish River power sell mills

Fishermen catch _____ from rivers and _____ them. _____ water is used for making _____ stations and running mills

Lesson 24

Science

The Tongue

We should take care of all of our body organs. Each single organ of our body performs specific functions. The tongue is also an important organ of our body. We talk with the

aid of the tongue and also discover the taste of food with our tongue. We taste sweetness with the tip of the tongue, sour and hot flavours with the side of the tongue, and bitterness on the back of the tongue.

Exercises

- Which sentence shows the main idea of the text?
 - We use our tongue to speak and to taste food
 - The tongue is not an important organ of the body
 - The tongue is for speaking.
- Missing word exercise using verb forms that do not translate effectively*
- Choose the correct word and write it in the space.
 - The ____ is an important organ of our body. (tongue – 3 alternative spellings)
 - Each organ of our body has a separate _____. (function – 3 alternative spellings)
 - We taste _____ with the side of our tongue. (sourness – 3 alternative spellings)
 - We taste _____ flavours with the back of our tongue. (bitter – 3 alternative spellings)
- Choose the appropriate words from the box and write them in the spaces.

food tongue side hot

We taste sweet _____ with the tip of our _____ and we taste sour and _____ things with the _____ of the tongue.

- Change the following plural words to singular:
 - foods
 - organs
 - tongues

Lesson 25

Science

Spring Season And Life

To day there is good news for you and that is the arrival of the spring season. Bushes and trees grow everywhere. Swallow and butterfly come back to life with the smell of this season. Frogs are singing in streams. The garden pomegranate and apple trees have blossomed. The banks of streams are filled with shadows of willow and sycamore tree and the hubbub of birds. Every living animal is going out of its home to work. My intelligent child you also go and get engaged in your work.

Exercises

1. Choose the correct meaning
 - a) glad tidings (3 alternative meanings)
 - b) hubbub (3 alternative meanings)
 - c) treetop (3 alternative meanings)
2. Which sentence shows the main idea of the text?
 - a) Learning some birds' names.
 - b) Learning some characteristics of spring.
 - c) Learning the names of some trees.
3. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - a) Water is running from all sides in the garden
 - b) Crow and butterfly come back to life with the smell of spring.
 - c) There is shade of willow and sycamore on the banks of the streams.
 - d) The ring dove is singing on the mountain
4. Choose the correct words from the box and fill in the spaces.

flowers	Spring	good news	frogs	noise
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I bring you _____ of the arrival of spring.
_____ comes to life with the smell of _____.
The _____ make a _____ in the streams

Lesson 26

Health

A Conversation between A Fly and A Honeybee

One upon a time, a honeybee met a fly and said to the fly: Why do people hate you?
The fly answered: Because I always live in dirty places, and carry microbes on my feet and contaminate their food. When they eat it they fall ill.
The honeybee said again: You are not very good.
The fly answered: I am not guilty. It is their own fault because if they would throw the rubbish and dirt in the trash-can or bury it under the soil or keep their food covered then I would not be able to transmit microbes to their meals.
The honeybee said: You are right.

Exercises

1. Choose and write the meanings for the given words
 - a) hatred: _____ (3 alternative meanings)
 - b) dirty: _____ (3 alternative meanings)
 - c) germs: _____ (the plural of bugs, the plural of germs , the plural of flies)
2. Which sentence shows the main idea of the text?
 - a) Flies are not harmful.
 - b) Flies are harmful. They carry germs on their feet
 - c) A fly carries germs in its mouth.

3. Choose the correct word and write it in the space.
- Once a fly came across a honey _____. (bee – 2 alternative spellings)
 - I always live in _____ places. (dirty – 2 alternative spellings)
 - The fly said: I am not _____. (guilty – 2 alternative spellings)
4. Choose the appropriate words from the box and write them in the spaces.

throw germs rubbish

I always do my best to _____ _____ in the bin so as to stop flies settling on it and carrying the _____ on their feet.

Lesson 27

Life Skills

Landmines

Mines are very dangerous devices. There are many mines deployed in Afghanistan. We should know:

- What they look like
- Where they are laid
- How to recognize them

Mines are different sizes. Some of them are the size of a tea glass and some others are the size of a cooking pot. They can also be smaller or larger than these. They are different shapes. Some are cylinder shapes like a stovepipe. Some are like a football, a trunk, a radio, and many other shapes. They may be found in military posts, war fronts, villages, empty houses, near springs, wells, streams, bridges, passes, walls rocks, pits and so on.

Exercises

- Which sentence shows the main idea of the text?
 - Landmines are dangerous and we should know this.
 - There are not many landmines in Afghanistan.
 - All landmines are similar.
- Choose the appropriate words from the box and write them in the spaces.

and pot sizes

Landmines are of different _____. Some of them are the size of a glass _____ some are the size of a _____.

- Choose the correct word and write it in the space.
 - _____ are dangerous. (Landmines – 2 alternative spellings)
 - Some of them are the _____ of a pot. (size – 2 alternative spellings)
 - _____ can you recognise landmines? . (How – 2 alternative spellings)

4. Choose the appropriate words from the box and write them in the spaces.

places war villages empty Military

It is possible that landmines could exist in these _____. _____ posts or _____ fronts, near _____, _____ houses and other places.

Lesson 28

Science

The Effect of the Sun's Rays on Colours

It was winter and cold. Aryan came to play with Managua. The latter asked the former, "Dear Aryan! Why do you always wear dark or black clothes? Don't you like white clothes?"

Aryan answered, "I wear them in summer. The white clothes that I like to wear in summer are made of cotton."

Managua asked again, "Why do you do that?"

Aryan answered, "Because white and translucent cotton cloths don't absorb light or heat, but black and dark colours do. Wearing woollen and dark clothes makes you feel very hot."

Managua said, "I am very happy to learn that, and from now on I will also put on dark and black clothes during winter."

Exercises

- Which sentence shows the main idea of the text?
 - White colour absorbs heat and light to a great extent.
 - Dark colours absorb heat and light to a great extent.
 - Heat and light from the sun has no effect on colours.
- Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - It is good to wear white cotton clothes in summer.
 - It is good to wear dark clothes in winter
- Choose the correct word and write it in the space.
 - _____ is cold in winter. (It – 2 alternative spellings)
 - Aryan has come to _____ with Manija. (play – 2 alternative spellings)
 - Manija _____ her. (asks - 2 alternative spellings)
 - Don't you _____ the colour white. (like – 2 alternative spellings)
 - _____ said. (Aryan – 2 alternative spellings)
 - In _____ I wear white cotton clothes. (summer – 2 alternative spellings)

4. Choose the appropriate words from the box and write them in the spaces.

White bright cotton black

“Why do you wear _____ clothes every day? Don’t you like _____?”

“In summer I wear my _____ white clothes, Manija said, “ because _____, white colours do not absorb heat and light.

Lesson 29

Culture

Some Common Proverbs

- A human must act like a human.
- Don’t wish for others what you don’t wish for your self.
- An unbalanced load doesn’t reach its destiny.
- No gain without pain
- Fear is the brother of death.
- To realize the truth of the matter, ask a child.
- Do not leave today’s work for tomorrow?
- A liar’s memory is a poor memory.

Exercises

1. Which sentence shows the main idea of the text?

- a) Learning proverbs is useful to us.
- b) Proverbs were not used in the past.
- c) Proverbs are meaningless.

2. Choose the correct word and write it in the space.

- a) A human must act like a _____. (human - 2 alternative spellings)
- b) Don’t _____ for others what you don’t wish for yourself. (wish - 2 alternative spellings)
- c) An unbalanced load does not reach its _____. (destination - 2 alternative spellings)

3. Choose the appropriate words from the box and write them in the spaces.

truth tomorrow pain

- a) No gain without _____.
- b) Ask a child to find out the _____.
- c) Don’t leave today’s work for _____.

4. Choose the correct antonym from the box and write beside the word.

- a) lots
- b) short
- c) unbalanced
- d) tomorrow
- e) liar

Selection
of
opposites

The Mountains of our Country

Afghanistan, having high mountains, is a mountainous country. Its famous mountains are: Mount Hindu Kush, Mount BaBa, Black Mount, White Mount and so on. They are very useful to us. In winter there is snow on these mountains. The origin of river water is from these snow-covered mountains as it melts bit by bit. Some of these mountains have big forests whose tree are used for firewood and making windows, doors, tables and many other things. The mountains of our country are rich in natural resources and mines, such as gold, silver, copper, iron, and so on.

Exercises

- Which sentence shows the main idea of the text?
 - The mountains of our country are not very high.
 - Mountains are good for the economy of our country.
 - Mountains are made of soil and stones.
- Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - There are many mountains in Afghanistan.
 - The mountains of Afghanistan are not very high.
 - It snows in winter on the mountains of our country.
 - The mountains of our country do not have trees.
- Choose the correct words from the box and write them in the spaces.

snows	mountains	wood	iron
Alternative spellings			

- It _____ in winter on our country's mountains.
 - Rivers start in these _____.
 - There are gold, silver and _____ ores in these mountains.
 - The _____ from forest trees are used for making windows.
- Choose the appropriate words from the box and write them in the spaces.

very forests trees originate ores

Some mountains of our country have many trees . The wood of the forest _____ is use for making chairs and tables,. The mountains of our country are _____ useful. The river waters _____ in these mountains. Many _____ are found in the mountains of our country.

Lesson 31

Geography

The Four Directions

In the morning, as the sun rises, stand in a position so that your right hand is in the direction of sun. This direction is called East, your left-hand side is called West, in front is North, and behind is South.

East is called the sunrise direction and west the direction of sunset.

Exercises

1. What is the main idea of the text.
 - a) To know the four directions
 - b) To know which direction is north
 - c) To know which direction is south
2. Choose the correct word and write it in the space.
 - a) If we stand at the time of sunrise so that our _____ (right - 2 alternative spellings) hand is toward the sun.
 - b) Then that side is the _____ (east - 2 alternative spellings). To the front is the _____ (north - 2 alternative spellings).
 - c) To our left side is the _____. (west – 2 alternate spellings).
3. Choose the appropriate words from the box and write them in the spaces.

Sunrise right east west

If our _____ hand points towards the _____, that direction is _____. Our left hand points to the _____.

Lesson 32

Science

How to Recognize a Pine Tree

It grows in some mountains.

It gains a height of 35 meters within 140 yrs.

Its trunk is straight and brown.

Its branches are turn down.

Its leaves are sharp-pointed and always green.

It fruit is beneficial for our health, and ripens during September and October.

Its fruits are hidden in pinecones.

Exercises

1. What is the main idea of the text.
 - a) To know the pine tree
 - b) Pine nuts are sold in the market
 - c) Pine trees grow in the mountains

2. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
- Pine tree leaves are like the leaves of a pomegranate tree.
 - Pine nuts ripen in the sixth and seventh solar months.
 - The trunk of the pine tree is white.
 - Pine trees gain a height of 35metres after 140 years.

3. Choose the correct words from the box and write them in the spaces.

green	brown	useful	ripens
Alternative spellings			

The trunk of the pine tree is _____ in colour. Its leaves are always _____, and its fruit is useful. It _____ in the sixth and seventh months.

4. Choose the appropriate words from the box and write them in the spaces.

Pine nuts	6 th & 7 th	cone	tasty
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The pine nuts ripen in the _____ Solar months. The pine tree makes _____ and the cones contain _____. Pine nuts are a useful and _____ fruit.

Lesson 33

Culture

Jokes

Son: Father! Is it a correct saying and proverb that you should do good to those who do wrong to you?

Father: Exactly right

Son: Then give me 10 Afghanis, for I have broken your glasses.

Some one was asked, "What do you do?"

He answered, "I work with my brother."

He was then asked, "What does your brother do?"

He answered, "My brother is out of work."

Exercises

1. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
- The son said "Then give me 1000 Afghanis."
 - The son said "Dear father, I have broken your glasses."
 - They asked, "What does your brother do?"
 - He answered, "My brother has many things to do."

2. Choose the correct words from the box and write them in the spaces.

in response to	do	glasses
----------------	----	---------

- It is true that it is said we should do good _____ bad.
- They asked someone, "What do you _____?"
- I broke your _____.

3. Choose the appropriate words from the box and write them in the spaces.

do glasses do

- a) Because I broke your _____.
- b) They asked someone, "What do you _____?"
- c) They asked, "What does your brother _____?"

Lesson 34

Life Skills

Home Safety

In every house items such as knives, matches, needles, scissors, and other things are always available. Children shouldn't play with these items, because they are very dangerous. Likewise, in some houses people throw away things like nails, pieces of broken glass and other sharp pointed objects carelessly in the yard. So if the children walk on bare feet they might get injured. In houses where there are uncovered wells, there is a risk of children falling in. So the wells should always be kept covered and children shouldn't play with sharp-pointed objects.

Exercises

- 1. What is the main idea of the text.
 - a) We shouldn't leave dangerous or sharp-pointed things where children can get them.
 - b) Children should play with household tools
 - c) Playing with sharp-pointed objects is not dangerous for children

2. *Missing word exercise using verb forms that do not translate effectively*

3. Choose the correct words from the box and write them in the spaces.

needles	dangerous	bare
Alternative spellings		

- a) In every house there are knives, _____, matches and other things.
- b) Playing with sharp things is _____.
- c) Children should not play in the yard with _____ feet.

4. Choose the appropriate words from the box and write them in the spaces.

Children fall play mouth well

If _____ near the mouth of the _____ when it is open then it is possible that they may _____ in. Therefore the _____ of the well should always be covered.

Lesson 35 - Ear Care

Health

The ear is an important part of the body and if we don't take care of it we will get earache. Ear care means that we shouldn't clean ears with sharp-pointed objects that might cause deafness. In addition, very loud noise is harmful to our ears.

There is a yellow viscous substance in our ear that has got a bitter taste, preventing flies, ants etc. from getting into our ears. If we have pain in our ears we should go to the doctor.

Exercises

- Which sentence shows the main idea of the text?
 - The ear is an important organ of our body, we should take great care of it.
 - If we have earache we should go to the doctor.
 - We should clean our ears with a stick.
- Choose the correct word and write it in the space.
 - The ear is an _____ organ of our body. (important - 2 alternative spellings)
 -) There is a _____ viscous substance in our ears. (yellow- 2 alternative spellings)
 - We should keep our ears _____. (clean - 2 alternative spellings)
- Missing word exercise using verb forms that do not translate effectively*
- Choose the appropriate words from the box and write them in the spaces.

ears viscous taste inside

In our _____ there is a yellow _____ substance, which has a bitter _____. It stops any tiny creatures getting _____ our ears.

Susan Celebrates Her Doll's Birthday

Lesson 36

Culture

Susan got up early one morning, went to her mother and told her, "Mother! Today is the birthday of my doll. I have invited my friends to come over. So, please prepare a delicious meal for them."

Her mother asked, "My dear Susan! How do you celebrate your doll's birthday?"

Susan answered, "Dear mother! All the girls will bring their dolls and I will sit my doll on a chair and place a bunch of flowers in front of it with some chocolates and other things. My friends will bring gifts for my doll and then we will sing and dance." Susan's Mother became very happy and prepared a good meal for Susan's friends.

Exercises

- Which sentence shows the main idea of the text?
 - Keeping children amused and keeping the national culture alive.
 - Playing with dolls is interesting.
 - Every boy plays with dolls.
 - Susan's mother prepared a delicious meal for Susan's birthday.

2. Choose the correct word and write it in the space.
- Susan got up ____ in the morning. (early - 3 alternative spellings)
 - I have ____ my friends. (invited - 3 alternative spellings)
 - Susan's mother cooked a ____ meal for her friends. (delicious - 3 alternative spellings)

3. Choose the appropriate words from the box and write them in the spaces.

celebrate birthday girls doll mother

Her mother said, "Dear Susan, how do you ____ the ____ of your ____? Susan said, "Dear ____ all the ____ will bring their dolls.

4. Choose the correct meaning from the box and write beside the word.

- up
- with
- gift
- all

Alternative meanings

Underground Water

Lesson 37

Geography

Do you know where does the underground water come from? When there is snow it melts slowly. Some of it is also absorbed. It is absorbed by the ground. Likewise, when it rains some of that is also absorbed. This absorbed water accumulates in some places underground and some day finds its way out in springs and wells. The underground water is clean.

Exercises

- Which sentence shows the main idea of the text?
 - Underground water is not clean.
 - Underground water comes from rain and snow.
 - Underground water is not pure.
- Choose the correct words from the box and write them in the spaces.

absorbed	accumulates	slowly	stones	pass
Alternative spellings of above				

Snow melts ____ and some of it is ____ into the ground. These waters ____ through sands and small ____ under the ground and ____ in the sand.

3. Choose the appropriate words from the box and write them in the spaces.

underground streams comes clean

The waters of springs, wells and some _____ are _____. These underground waters are _____. Do you know where underground water _____ from?

Recognition of Minefields

Lesson 38

Life Skills

First of all, de-miners mark the minefield, then remove the mines using some special devices. They mark the minefield in the following way:

- They put a signpost indicating a minefield.
- They put stones around a minefield.
- If there is a wall next to a minefield they put some red signs on the wall.
- Tree trunks and rocks that are marked red also indicate a minefield.

So, we shouldn't walk anywhere we see these signs.

Exercises

1. Choose the correct meaning and write it by the word.
 - a) erect (3 alternative meanings)
 - b) signpost (3 alternative meanings)
 - c) sign (3 alternative meanings)
 - d) log (3 alternative meanings)
2. What is the main idea of the text?
 - a) To be familiar with traffic signs
 - b) To be familiar with things that help us to recognise landmines
 - c) To be familiar with dangerous objects
3. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - a) De-miners do not mark land mines at first.
 - b) Then they extract the landmines with specific devices.
 - c) Landmines are hazardous objects.
4. Choose the correct word and write it in the space.
 - a) They mark a minefield by _____ a sign post. (erecting - 2 alternative spellings)
 - b) They put stones on _____ sides of the landmine. (four - 2 alternative spellings)
 - c) Big stones and _____ of trees also indicate the presence of landmines. (logs - 2 alternative spellings)
 - d) They mark minefields _____. (red - alternative spellings)

5. Choose the correct word and write it in the space.
- The erection of a sign post ____ the presence of a mine. (may indicate / indicates)
 - We shouldn't ____ past the signs warning of mine. (go / goes)
 - If there ____ red colour by the wall it means there is a mine. (is / are)

6. Choose the appropriate words from the box and write them in the spaces.

are touch injure thing Landmines

_____ dangerous things. If we touch one it will _____ or kill us. If we see an unfamiliar _____ we shouldn't _____ it.

Eye Care

Lesson 39

Health

Eyes are important parts of our body. We see everything with our eyes. We read books and write and do many other things, all of which are the gift of our eyes. Therefore, we should take care of them so that we don't get eye problems. Red eyes, infection and eye injuries are common problems. Sometimes if children rub their eyes with dirty hands they can develop red eyes/infections. Sometimes children throw stones at each other and that can cause eye injuries. We should wash our hands frequently especially after using latrines. Do not throw stones. Also, we shouldn't wear glasses without consulting a doctor as this causes our eyes to become weak. Likewise, we shouldn't apply eye drops without a doctor's advice. Eating yellow fruit and vegetables, dark green fruit, egg yolk, fish and meat is very good for keeping our eyes healthy.

Exercises

- Which sentence shows the main idea of the text?
 - The eye is an important organ of our body, we should look after it well.
 - We should not look straight at the sun.
 - Studying a book in a dim light is harmful.
- Choose the correct word and write it in the space.
 - We should take ____ of our eyes. (care - 2 alternative spellings)
 - We should not rub our eyes with ____ hands. (dirty - 2 alternative spellings)
 - Application of eye ____ without a doctor's advice can be harmful. (drops - 2 alternative spellings)

3. Choose the appropriate words from the box and write them in the spaces.

fruit eyes glasses

We should keep our _____ clean and eat vegetables and _____ to keep our eyes healthy. We shouldn't wear _____ without a doctor's advice.

4. Choose the appropriate words from the box and write them in the spaces.

eyes clean use glasses

To _____ our _____ we _____ soft clean cloth. We should not use _____ without a doctor's advice.

The Salang Pass

Lesson 40

Geography

The Salang pass, in the range of Hindukush Mountains, is located between Kabul and Mazar. It is very high and cold for it is always covered with snow.

In ancient times those who wanted to cross it encountered many difficulties and troubles. Then they made a way through the mountain for coming and going which is called a tunnel. The Salang Tunnel is very famous.

Exercises

1. Which sentence shows the main idea of the text?

- a) The Salang Pass is in Kabul
- b) The Salang Pass is a high pass in the Hindukush Mountains.
- c) The Salang Pass isn't very high.

2. Choose the correct word and write it in the space.

- a) In the past when people _____ to pass through the Salang Pass they faced many difficulties. (tried – 2 alternative spellings)
- b) The Salang _____ is very high and cold. (Pass – 2 alternative spellings)
- c) The pass is _____ covered in snow. (always - 2 alternative spellings)

3. Choose the appropriate words from the box and write them in the spaces.

became mountain past Pass difficulties

In the _____ when people wanted to go over the Salang _____ they faced _____ but after a way was opened through the _____ coming and going through the pass _____ easy.

Apples

Lesson 41

Health

Apples are very tasty fruits. They strengthen our body provided that they are washed clean before eating them. Eating an apple before breakfast and before going to bed at night is very good for us. Biting apples rather than slicing them with knives is good for both gums and teeth. There are many apples grown in our country. They are very tasty.

Exercises

- Which sentence shows the main idea of the text?
 - The apple is a useful and delicious fruit.
 - Apples should be washed before they are eaten..
 - Apples are found in abundance in our country.
- Choose the correct word and write it in the space.
 - An apples is a delicious_____. (fruit - 2 alternative spellings)
 - Eating an apple before _____ is beneficial. (breakfast - 2 alternative spellings)
 - We have an _____ of apples in our country. (abundance - 2 alternative spellings)
 - Eating an apple before we go to _____ is also beneficial. (sleep - alternative spellings)
- Choose the appropriate words from the box and write them in the spaces.

wash Apple provided strengthens is

An _____ a delicious fruit. An apple _____ our body _____ that we _____ it clean and eat it.

- Write (We, I, his) in the appropriate space.
 - If _____ eat an apple every morning we will not get sick.
 - _____ likes apples.
 - He washed _____ apple

Some Riddles

Lesson 42

Culture

- What is it that does not decrease a when part is used?
- What is it that is able to write but unable to read?
- What is it that increases if turned upside down?
- What is it that is two in the house and four outside?
- What is it that everything is written with?

Exercises

- What is the main idea of the text?
 - Strengthening children's minds
 - Children's play and amusement.
 - Homework for children

2. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
- What is it that doesn't decrease when a part is used? Knowledge.
 - What is it that is able to write but unable to read? A pen.
 - What is it that increases if turned upside down? V (Dari 7 becomes 8)
 - What is it that is two in the house and four outside? A dot.
 - What is it that everything is written with? A pen.
3. Choose the correct word and write it in the space.
- What is it that doesn't decrease by ____ a part. (using - 2 alternative spellings)
 - What is it that ____ when inverted. (increases / decreases)
 - What is it that everything is ____ with. (written - 2 alternative spellings)
4. Choose the appropriate words from the box and write them in the spaces.

knowledge pen alphabet 7 dot

- What is it that can write anything but can't read? _____
- What is two in the house and four outside? _____
- What I sit that everything is written with? _____
- What is it that doesn't decrease by using a part? _____
- What is it that increases if turned upside down? _____

Poem About Snow Fall

Lesson 43

Culture

The clean and beautiful snow lands and sits like pigeons everywhere, such as on roofs, deserts, buckets, and basins. The window glasses have become like daggers due to cold weather. The boys who like skating are very happy and shouting with one voice: Welcome, snow! Welcome, snow!

Exercises

- Choose and write the meanings from the given words
 - window: _____ (3 alternative meanings)
 - dagger: _____ (3 alternative meanings)
 - skate: _____ (3 alternative meanings)
- What is the poem about?
 - Snow and children playing.
 - Pigeons flying in the air
 - Children playing.

3. Choose the correct word and write it in the space.
- a) On the _____ and basins. (buckets - 3 alternative spellings)
 - b) Boys _____. (skating - 3 alternative spellings)
 - c) Together with one _____. (voice - 3 alternative spellings)

4. Choose the appropriate words from the box and write them in the spaces.

window snow ground clean excited

- a) The _____ and beautiful snow.
- b) The glass of the _____.
- c) Eager and _____ due to happiness.
- d) The clean beautiful _____.
- e) Welcome on the _____.

5. Choose the appropriate words from the box and write them in the spaces.

warm cold houses snow season

Winter is the fourth _____ of the year. In this season the weather is _____ and in some places _____ falls. In winter people wear _____ clothes and use a stove or other means to keep their _____ warm.

Keeping Houses Warm in winter

Lesson 44

Life Skills

Do you know how the Afghans keep their houses warm in winter? The people of Afghanistan use tables, wood burning stoves, and underground heating systems to warm their house. The city people often use wood-burning stoves, but village people use tables and underground heating systems.

They usually use wood and coal for stoves and underground heating systems, and charcoal for sandali.*

It should be kept in mind that coal is very dangerous. If it is not burned well it causes dizziness.

* A specific form of heating in Afghan houses.

Exercises

1. Which sentence shows the main idea of the text?
 - a) In winter people warm their houses by using sandali, stoves, or underground systems etc.
 - b) People only warm their hoses with stoves..
 - c) Underground systems are only popular in the cities.

2. Choose the correct word and write it in the space.
- In ____ people warm their houses. (winter - 3 alternative spellings)
 - Village people usually use _____. (sandali - 3 alternative spellings)
 - Using _____ is dangerous. (coal - 3 alternative spellings)
3. Choose the correct word and write it in the space.
- In the towns people ____ their houses with stoves. (warm / warms)
 - In stoves people _____ mostly wood or charcoal. (use / have /uses)
 - If the charcoal is not thoroughly burnt it _____ you dizzy. (make / makes / will make)
4. Choose the appropriate words from the box and write them in the spaces.

city	stoves	sandali	Afghanistan
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In winter the people of _____ use _____ and _____. The _____ people use stoves

Lamps

Lesson 45

History

People use different technologies for making their house light. Long ago, people made their house light by making a fire because they had no oil and electricity. As time passed they developed lamps by burning oil and animal fat such as lanterns, hurricane lamps, etc. Today, in Afghanistan people use different things to produce light, such as oil or gas burning lamps, and electricity if these are available.

Exercises

- Which sentence shows the main idea of the text?
 - In the past people used electricity.
 - People light their houses by using hurricane lamps, oil lamps, gas and electricity.
 - In our country all people use electricity.
- Read the sentence and write the nouns in the box.
 People used oil lamps, hurricane lamps, gas and electricity.

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- Choose the correct word and write it in the space.
 - When there was no electricity or ____ people used wood to light their houses. (oil - 2 alternative spellings)
 - Some people in our country use _____ to light their houses. (gas - 2 alternative spellings)

4. Choose the appropriate words from the box and write them in the spaces.

hurricane later them animals fat

People put the _____ of _____ into 'wick' lamps and used _____. Then _____ on they made _____ lamps.

The Museum

Lesson 46

Culture

The museum is a place where valuable things of ancient times are preserved, such as coins, statues, old book, precious stones, and many other things. These things are kept there in order to give its viewers an insight into past times and lives. There are museums in big cities of our country, such as Kabul, Jalalabad, and Ghazni. There are many valuable, old things in these museums. We should take care of our museums.

Exercises

- Which sentence shows the main idea of the text?
 - Old and valuable things are kept in museums.
 - Animals are kept in museums.
 - Visiting the museum is useful.
- Choose the correct word and write it in the space.
 - A _____ is a place where old and valuable things are kept. (museum - 3 alternative spellings)
 - Precious _____ can be found in museums. (coins - 3 alternative spellings)
 - There are valuable things in our _____ museums. (country's - 3 alternative spellings)
- Choose the appropriate words from the box and write them in the spaces.

museums property Kabul Afghanistan country

In the large cities of our _____ like _____, Ghazni, Jalalabad etc. there are many _____. The things that are in our museums are the _____ of all the people of _____.

The Bird and the House Owner

Lesson 47

Story

Once upon a time, there was a bird that went searching for food for its chicks. It searched and searched but in vain. Finally, the bird went into a house through its window where she saw a bag full of wheat. She had just decided to take some wheat from the bag when she heard a voice saying, "My dear children! Do not enter a house without permission" As the bird heard these words, she was sorry for what she had done and decided to leave

the house. Suddenly, the house owner caught sight of the bird and asked, “What are you doing here?” The bird answered, “I came here to take some wheat for my chicks but as I heard your words I realized that it isn’t right to enter a house and take away something without permission. Please forgive me.”

The man was deeply impressed by what the bird said and felt pity and gave her some wheat

Exercises

1. Which sentence shows the main idea of the text?
 - a) It is not right to go into someone’s house without their knowledge
 - b) The bird was very hungry
 - c) The house owner did not give the bird anything
2. Write ‘yes’ for the correct sentences and ‘no’ for the incorrect sentences.
 - a) The bird entered the house through the window to get some seeds.
 - b) It wanted to get some wheat without permission.
 - c) In the end the bird could not find grain for its chicks.
3. Choose the correct word and write it in the space.
 - a) Dear _____, never take anything without permission. (children - 3 alternative spellings)
 - b) The bird _____ to take some wheat. (wanted - 3 alternative spellings)
 - c) Never go into someone’s house without _____. (permission - 3 alternative spellings)
4. Choose the appropriate words from the box and write them in the spaces.

to thing bird went

Once there was a _____. One day she _____ out _____ bring seeds for her chicks. She searched and searched but didn’t find any_____.

Tariq and Land mines

Lesson 48

Life skills

Tariq’s father was a shepherd. One day Tariq was accompanying his father into the desert. The path leading there had mines. Tariq, walking carelessly, stepped on a mine and was injured. He was carried to a nearby hospital where he spent 3 months. Doctors amputated his right foot and he was very depressed.

Edress, his cousin, who lived in the city came over and saw Tariq who was sad and crying. Edress asked him to tell him why he was his crying. Tariq answered that he could no longer work or study. Edress said to him: Tariq! Stop worrying, you can both study and work on condition that you are not careless in future and do not go to the minefield. I will take you to the city. There is a hospital that will make an artificial leg for you. You will then be able to work or study, and lead a hopeful life.

Exercises

- Which sentence shows the main idea of the text?
 - Disabled people can both study and work.
 - Disabled people can never work.
 - Tariq was a heedless boy.
- Choose the correct word and write it in the space.
 - Tariq's father ____ a shepherd. (was / were)
 - Tariq was ____ to the desert with his father. (going sing/plural)
 - Tariq ____ on a landmine. (stepped sing/plural)
 - Tariq ____ very sad. (was / were)
 - Edress ____ him why he was crying (asked sing/plural)
 - Edress said, "I will ____ you to the city." (take sing/plural)
- Choose the appropriate words from the box and write them in the spaces.

artificial people assist body

It is good to ____ people whose ____ parts are _____. I help ____ with artificial hands and feet.

Walnut

Lesson 49

Geography

Walnut is a dry fruit, grown in different parts of our country, such as Kunar, Nooristan, Pactia, Herat, Parwan, etc. It is a useful fruit, full of protein and fat. It has got a hard shell. We shouldn't break them with our teeth. If we do that it will damage our teeth. The walnut wood is used for making chairs, tables, windows, and other things.

Exercises

- Which sentence shows the main idea of the text?
 - Walnut is a useful dry fruit.
 - Walnut is very sweet.
 - Walnut is not a fresh fruit
- Choose the correct word and write it in the space.
 - Walnut is a dry _____. (fruit – 2 alternative spellings)
 - Walnut is a _____ fruit. (useful- 2 alternative spellings)
 - Walnuts contain oil and _____. (protein – 2 alternative spellings)
- Choose the appropriate words from the box and write them in the spaces.

Walnuts paper teeth this type

Some _____ have soft skins. This kind is called _____ walnut. We shouldn't even crack _____ of walnut with our _____ either.

4. Choose the correct antonym from the box and write beside the word.

- a) dry
- b) different
- c) soft

Selection of opposites

White and Black Sugars

Lesson 50

Health

Both white and black sugars are made from sugar cane and beet. These are grown in some of our country provinces such as Jalalabad, Kunar, and Baghlan and used to produce white and black sugars. Consumption of these sugars is very good for our body provided that they are not used in excessive amounts.

Whenever we eat these sugars and other sweet things we should clean our teeth right after that, otherwise our germs cause our teeth to decay.

Exercises

1. Choose and write the meanings from the given words
 - a) harm: _____ (3 alternative meanings)
 - b) immediately: _____ (3 alternative meanings)
2. Which sentence shows the main idea of the text?
 - a) Black and white sugars are made from sugar cane and sugar beet.
 - b) Black and white sugars are not harmful.
 - c) In our country sugar cane and sugar beet can be cultivated.
3. Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - a) Sugar beet and cane are cultivated in some areas of our country like Jalalabad, Kunar, and Baghlan provinces.
 - b) Eating a lot of sweets is harmful to our teeth.
 - c) Eating a lot of white and black sugar is good for us.
4. Choose the correct word and write it in the space.
 - a) Black and white sugars are made from _____ and sugar beet. (sugar cane - 2 alternative spellings)
 - b) Black and white sugars are _____ to our bodies. (beneficial - 2 alternative spellings)
 - c) Eating a lot of black and white sugars is _____ for us. (harmful - 2 alternative spellings)
5. Choose the correct word and write it in the space.
 - a) Germs _____ our teeth (harm / harms)
 - b) Eating a lot of sweets _____ our teeth. (destroy / destroys)
 - c) Black and white sugars _____ good for our bodies. (is / are)

6. Choose the appropriate words from the box and write them in the spaces.

teeth eat black white

Whenever we _____ and _____ sugars and other sweets we should clean our _____ straight away.

The Snow Game

Lesson 51

Culture

This interesting game is very popular in our country between relatives and neighbours. When it snows for the first time people write a letter that reads: This letter is intended to inform you that I am playing the snow game with you. Whichever side loses, that side should give a rich party to the others on the winning side.

They also enclose some snow as a sign of playing the snow game. So, the family who prepared this letter gives it to a child to hand over to a neighbouring family or any one in such a way that the addressee shouldn't realize that it is a snow game letter. The child then goes and passes it to the intended house and hurries back home. But if the addressee realises what it is he quickly runs to catch the child. If he can't catch the child he is the loser, and should prepare a party. But if the addressee catches him then he forcefully takes him home and blackens his face with soot and sends him back to his own home with his black face showing that the letter senders are losing the game and should give the party.

Exercises

- Which sentence shows the main idea of the text?
 - The snow game isn't played in our country
 - Keeping traditions alive and strengthening friendships.
 - Playing the snow game is very interesting.
- Write 'yes' for the correct sentences and 'no' for the incorrect sentences.
 - The snow game is rarely played in our country.
 - The snow game is not a custom of our people.
 - If we win the game don't give us a party.
 - Give us a party if we win the game.
- Choose the correct word and write it in the space.
 - A _____ takes the letter to a neighbour's house early in the morning. (child - 2 alternative spellings)
 - If the house owner _____ the child he blackens his face with soot or charcoal. (catches - 2 alternative spellings)
 - The house _____ doesn't give a party. (owner - 2 alternative spellings)
- This exercise does not translate effectively*

5. Choose the appropriate words from the box and write them in the spaces.

snow	dry	winter
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Falling snow in _____ is very good for our country. If _____ doesn't fall there is drought and trees and springs go _____.

The Swallow

Lesson 52

Geography

The swallow like many other birds leads a nomadic life. It migrates to cold areas during the hot seasons and to hot areas during the cold seasons. It makes its nest in a special way compared to other birds, because it makes the nest from mud and lays eggs there.

There are other birds that lead nomadic life like the swallow. Some of these birds migrate individually and some in groups. The only difference in these migrations is that some of them lay their eggs in cold areas and others in warm areas.

Exercises

1. Choose and write the meanings for the given words

- a) nest: _____ (3 alternative meanings)
- b) principle: _____ (3 alternative meanings)
- c) skill: _____ (3 alternative meanings)
- d) mild: _____ (3 alternative meanings)

2. What is the text about?

- a) Information about the swallow's life
- b) Life and migration of birds in mild weather
- c) Recognition of birds

3. Choose the correct word from the box and write it in the space.

skill	soil	swallow	black
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- a) The _____ like many other birds leads a nomadic life. (swallow – 2 alternate spellings)
- b) The swallow uses its special _____ to make a nest . (skill – 2 alternate spellings)
- c) The swallow makes its nest from _____. (soil – 2 alternate spellings)
- d) The swallow is _____ in colour. (black – 2 alternate spellings)

4. Choose the appropriate words from the box and write them in the spaces.

mild	migrate	warm	cold
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Swallows live in _____ regions. In winter they _____ from _____ regions to _____ regions.
